

Bay Surgery Center



We're pleased you and your doctor have chosen Bay Surgery Center. Your physician may or may not have an ownership interest in Bay Surgery Center as not all physicians who practice here have an ownership interest. You have the right to receive a list of all physician owners of this facility upon request.

6633 Telegraph Avenue, Suite B, Oakland, CA 94609 510-841-2179

Bay Surgery Center was developed, equipped and staffed solely for ambulatory surgery. This saves time and brings peace of mind. The staff caring for you is professionally trained to provide the highest quality care without the high cost of a hospital, which is why ambulatory surgery has become endorsed by health insurance providers across the country.

When you arrive at Bay Surgery Center, please check-in at the reception desk, which is in the lobby. After you register, you will be escorted to the Surgical Pre-Op Area, where a nurse will assist you in preparing for your procedure. Please feel free to ask any questions and tell the staff about any special needs. We want your visit to be convenient and comfortable. To provide everyone with the best possible care, it is very important that you arrive at your scheduled time. If you have any further questions before your scheduled appointment, please don't hesitate to call Bay Surgery Center.

BEFORE SURGERY:

DO NOT EAT OR DRINK ANYTHING after midnight, including water, mints or chewing gum. Undigested food in the stomach can cause complications and your surgery is likely to be postponed.

IF YOU ARE taking blood pressure, heart, seizure or asthma medication, take them the morning of surgery with a sip of water. If you use an inhaler, please bring it with you.

IF YOU TAKE BLOOD THINNERS or an medicine which thins the blood, please advise your physician before your procedure.

REFRAIN FROM SMOKING after midnight on the day preceding surgery.

BRING A PHOTO ID

BATHE OR SHOWER the morning of surgery to minimize the chance of infection. Teeth may be brushed, but **DO NOT** swallow any water.

IF YOU SUSPECT YOU ARE PREGNANT, please notify your surgeon. Anesthesia and medications may be harmful to the fetus.

IF YOU EXPERIENCE ANY HEALTH CHANGES between your most recent visit to your surgeon and the day of surgery, notify your surgeon. Please report even minor changes such as an elevated temperature, cough or cold.

ARRANGE FOR AN ADULT to be at Bay Surgery Center during surgery and to drive you home, as you **cannot** drive yourself after surgery.

YOU SHOULD ALSO ARRANGE to have someone stay with you for the first 24 hours following your surgery.

BRING COMPLETED insurance forms, as well as your insurance cards and medical information. **PLEASE CHECK** with your insurance company for pre-admission requirements such as second opinions, pre-admission certification, co-pays or deductibles. This will facilitate the admitting process.

WEAR LOOSE, COMFORTABLE CLOTHING & SLIP-ON SHOES

LEAVE JEWELRY & VALUABLES AT HOME

AFTER SURGERY:

We will give you some general rules to supplement the instructions you may receive from your doctor.

Follow the doctor's instructions regarding diet, rest and medication.

Feeling dizzy and sleepy after a procedure is not unusual.

Surgical guests are advised not to drive, make important decisions or sign any important papers at least 24 hours following a procedure.

Our staff will call to check on your progress.

You may receive separate bills from other doctors and service providers based upon the care and treatment you have received. These billers may include the following:
Your physician
Your anesthesiologist
Any laboratory services, including blood work